## 42nd Annual Norm Girard Top Ten Meet

Tuesday, April 30th

## SCHEDULE 3:30 National Anthem <u>FIELD EVENTS</u>

- 3:00 Pole Vault Girls Long Jump – Boys Discus – Girls Shot Put – Boys
- 4:00 Long Jump Girls Pole Vault – Boys High Jump – Boys Javelin – Girls
- 5:00 Triple Jump Boys Shot Put – Girls High Jump – Girls Discus – Boys
- 6:00 Triple Jump Girls Javelin – Boys

## **RUNNING EVENTS**

- Girls first
- 4:15 100m Hurdles
- 4:25 110m Hurdles
- 4:35 400m Run
- 4:50 100m Run
- 5:05 1600m Run
- 5:25 400m Relay
- 5:40 800m Run
- 5:55 200m Run
- 6:10 300m Hurdles
- 6:30 3200m Run
- 7:00 1600m Relay